

**THE SEVEN PRIMAL QUESTIONS
DRAWINGS AND GRAPHS
FROM THE PAPERBACK BOOK**

By Mike Foster

BEHAVIORS

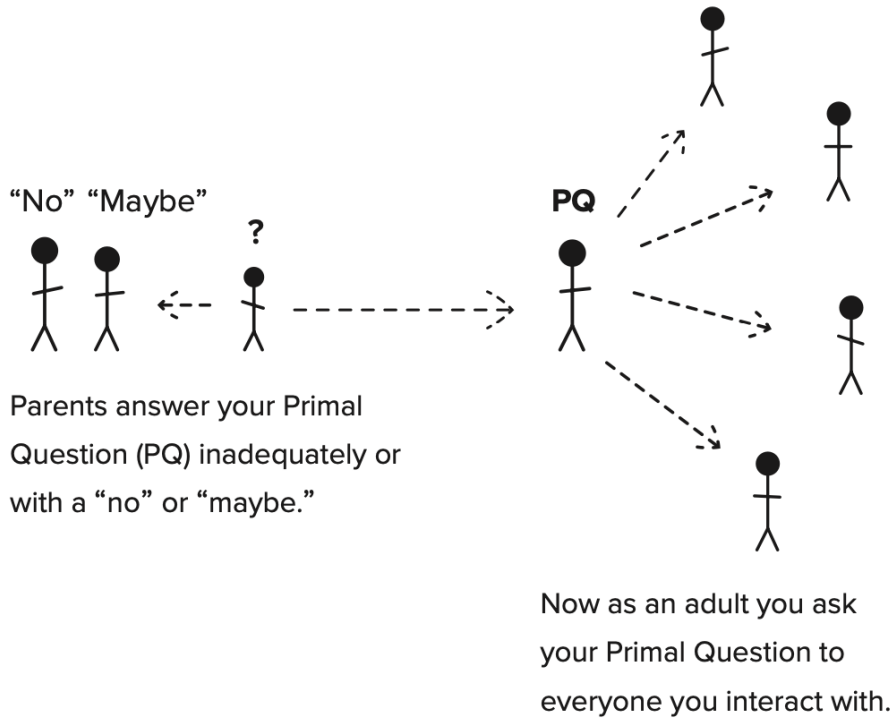


EMOTIONS / FEELINGS

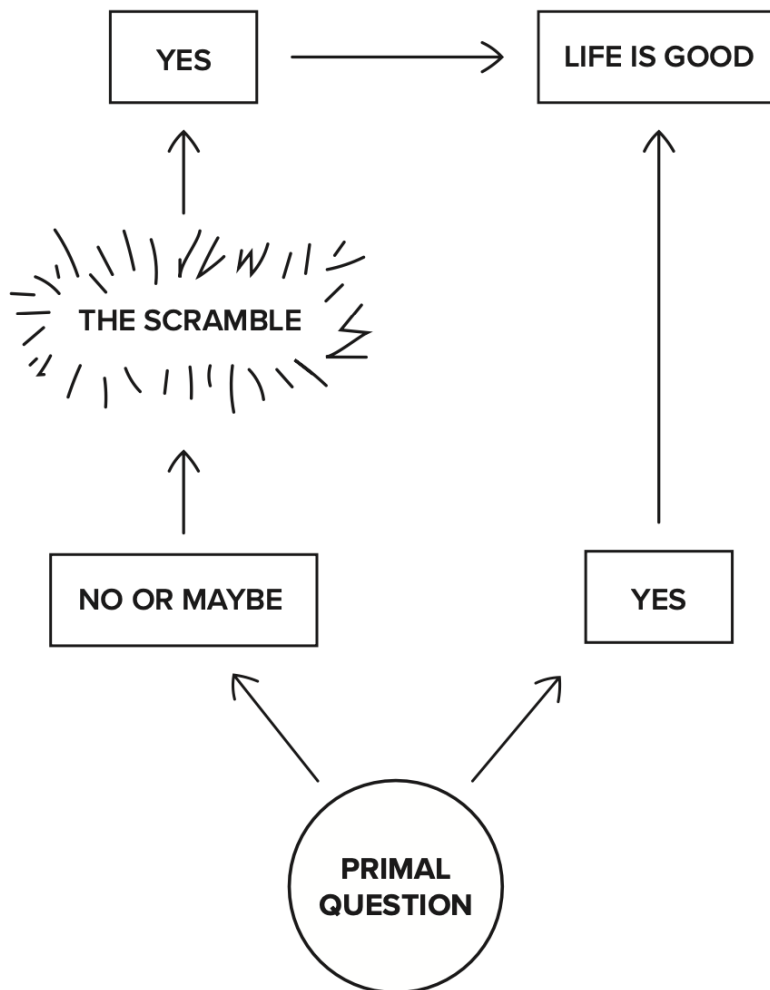


**UNMET
NEED**

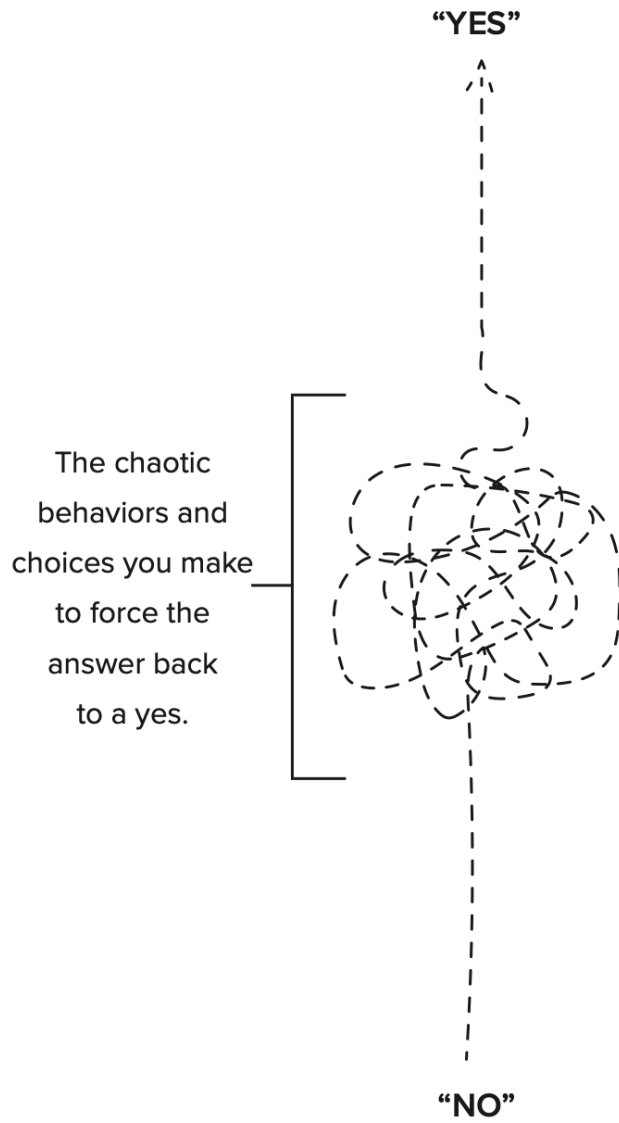
THE SEVEN PRIMAL QUESTIONS



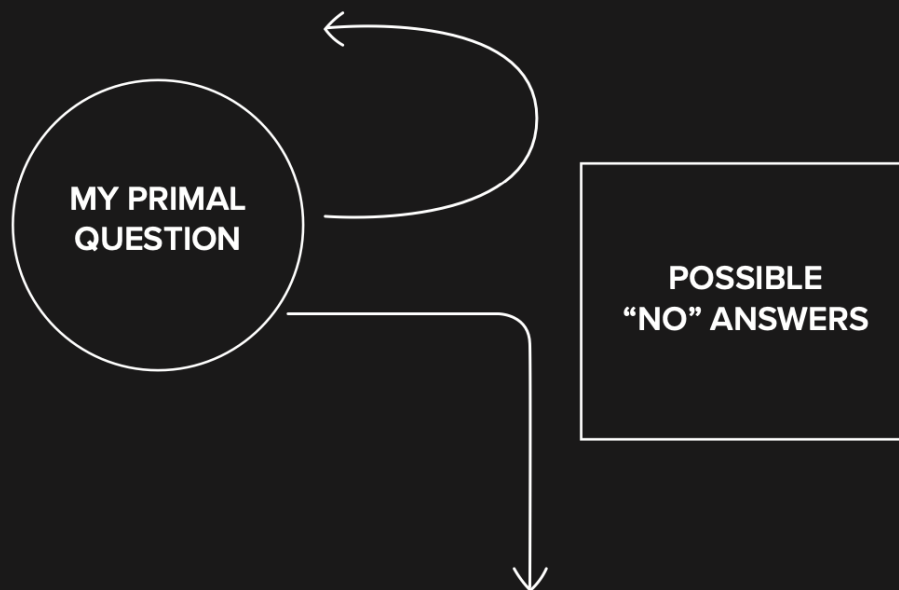
THE BIG IDEA



THE SCRAMBLE

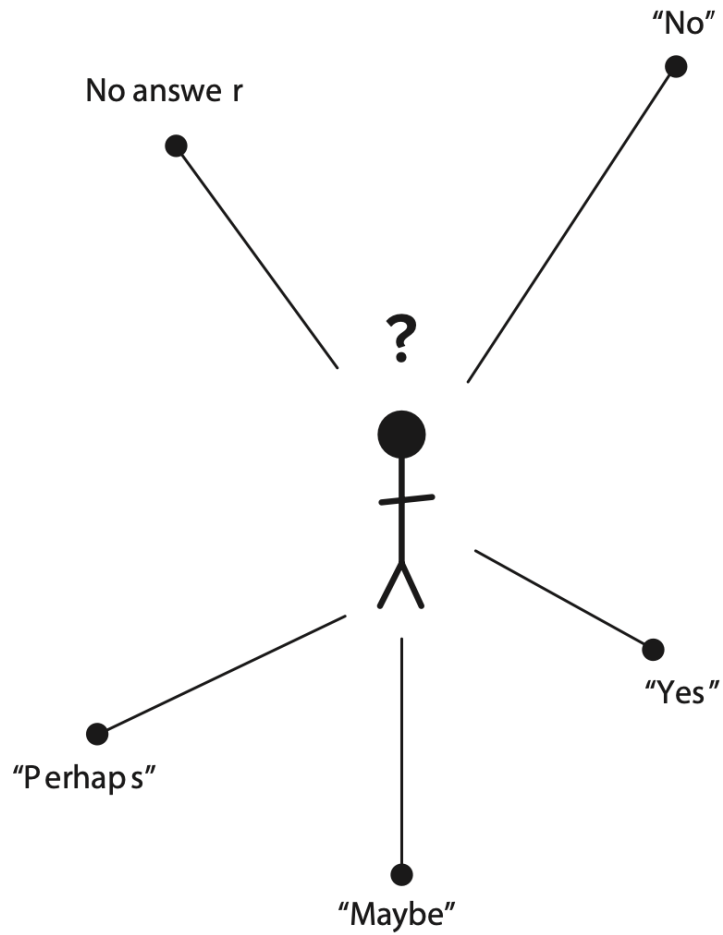


PRIMAL AVOIDANCE



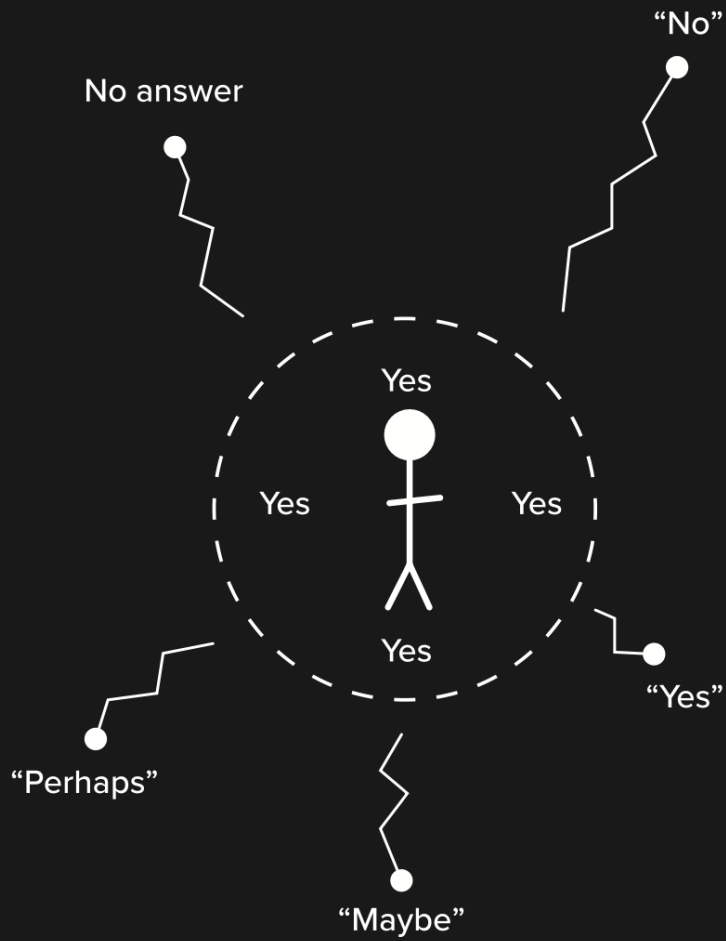
Primal Avoidance is the subtle, subconscious ways we try to prevent our Primal Question being answered with a no. It is self-protection that stunts growth and opportunities.

PRIMAL QUESTION LIVING



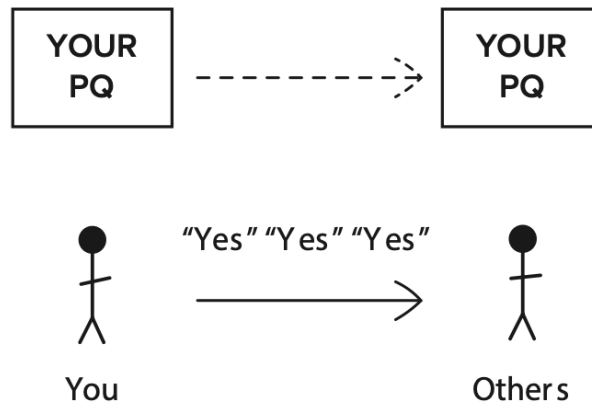
Primal Question living is when you unintentionally allow your life to be controlled by the various answers you encounter.

PRIMAL TRUTH LIVING



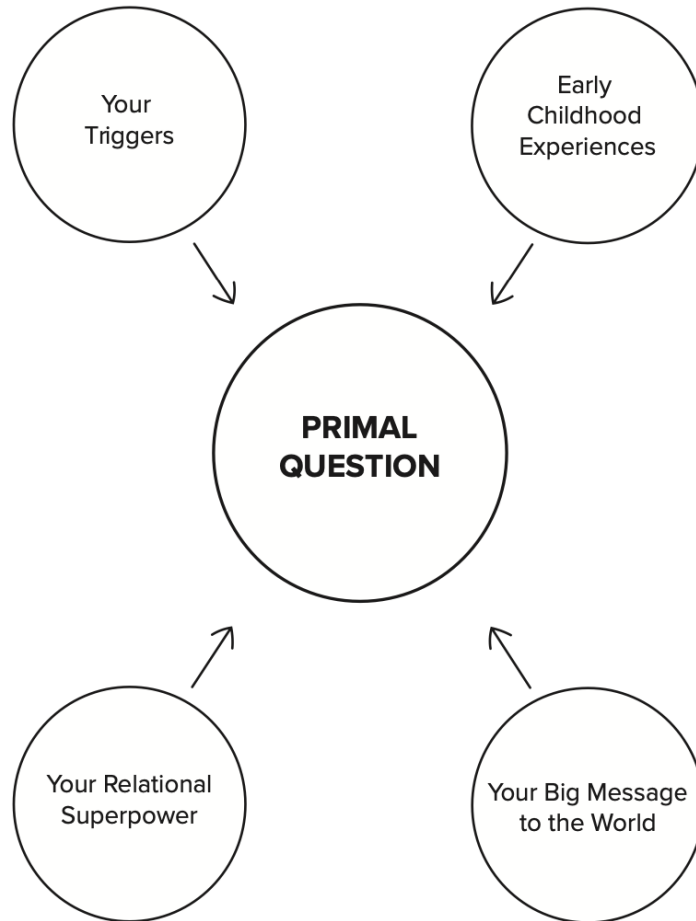
Primal Truth living is when you allow the answer to your question to be a yes and are no longer controlled by all the other answers.

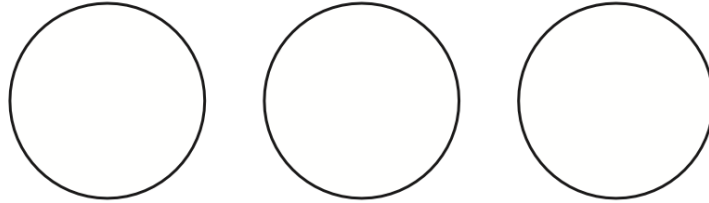
THE PRIMAL GIFT



You will place your Primal Question (PQ) over others and then naturally answer it with a yes. This is your relational superpower with people.

HOW TO DISCOVER YOUR PRIMAL QUESTION





My Primal
Avoidance
looks like:

1. _____

2. _____

3. _____

Define Your
Scramble



My Primal Gift is:

My Primal Question

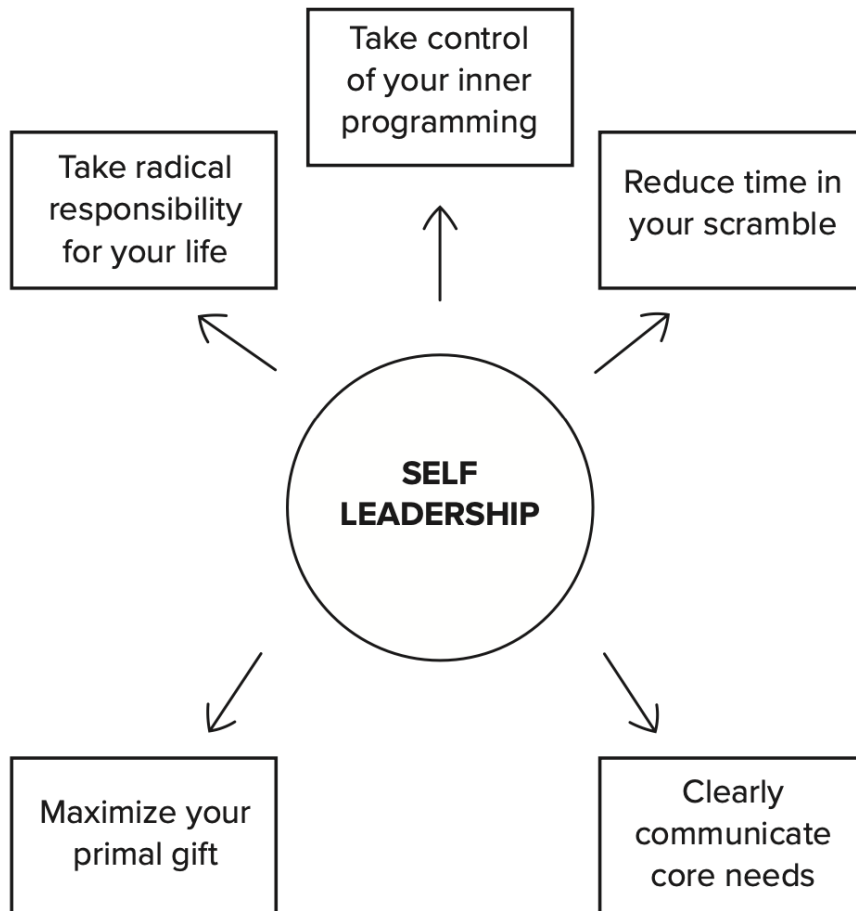
Define what living in your
Primal Truth looks like for you:

1. _____

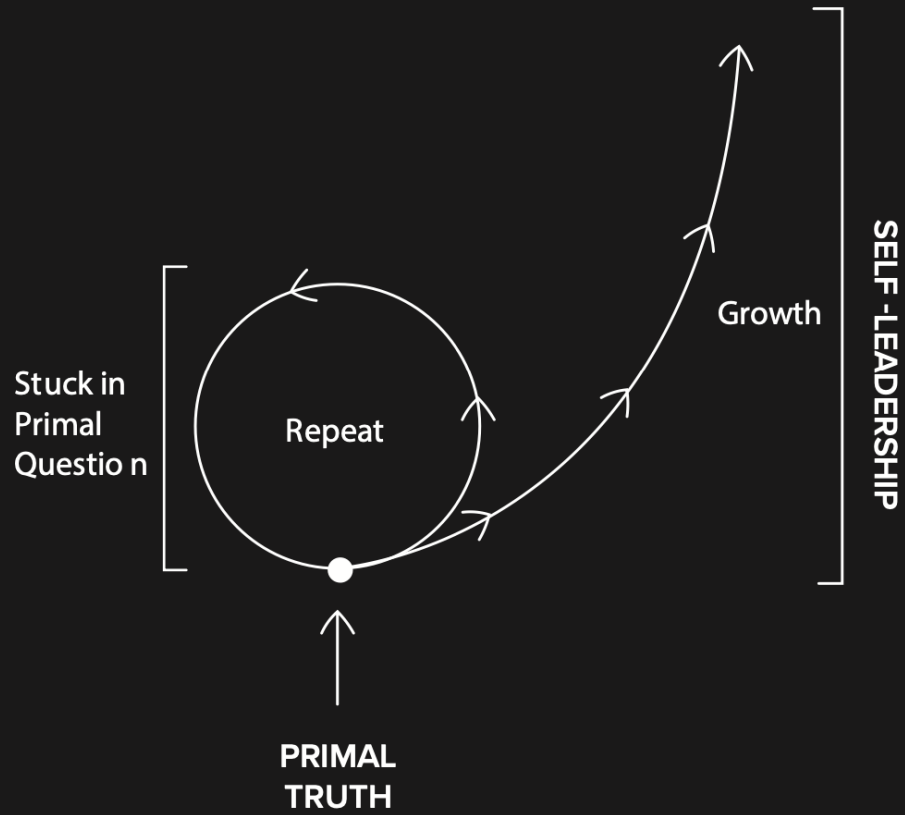
2. _____

3. _____

THE SEVEN PRIMAL QUESTIONS



Self-leadership is when we intentionally do these five actions in our daily lives.



Our Primal Truth statement ejects us out of repeating unhealthy patterns and into growth.

